





DADS TUNING INTO KIDS®

A FREE SEVEN-SESSION PROGRAMME FOR FATHERS OF SCHOOL AGED CHILDREN



Would you like to learn how to help your child manage feelings such as worry, frustration & anger?

Dads tuning into kids teaches you how to help your child understand and manage feelings (Emotional intelligence).

Children with good emotional intelligence:

- Have better concentration at school
- Have greater success with making and keeping friends
- Are more able to manage conflict with peers
- Are more able to calm down when upset or angry

Register here!





November 4th, 11th, 18th & 25th December 2nd & 9th 6-8pm **Via Teams You will need a device & good WIFI

