

3rd October 2023

Dear Parents and Carers,

In After School Club (ASC) we are constantly looking to improve the experiences that children have. Since returning from the summer break, we have had a number of conversations with children and staff in ASC about the food we offer at teatime.

As a result of this we will be changing the menu options we offer starting the week commencing 30th October.

After the October half term (week commencing 30th October), children will still be provided with a tea. However, it will be in the form of a light tea, at a cost of £2.20. This will vary each day (excluding Friday) over a three-week cycle, with a new menu coming at the start of each new term.

The menu will be available on the school website under 'After School Club'. Meals will be made up of various food groups to ensure children are having grains, proteins and vegetables within their diet.

After School Club Menu 1 – W/C 30th Oct, 20th Nov, 11th Dec

Day	Snack Served from 4:35pm	Tea - £2.20 Served from 4:30pm	Pudding (only with Tea)
Monday	Crackers Cheese or Ham or Chicken Cucumber and Pepper Sticks (G) (M)	Toasties (made with the children) Tomatoes and Cucumber (G) (M) (F)	Yoghurt (M)
Tuesday	Breadsticks Cheese or Ham or Chicken Fruit and Carrot Sticks (G) (M)	Yorkshire puddings and Gravy Peppers and Carrots (G) (M)	Jam Tarts
Wednesday	Cheddars (Cheese Thins) Cheese or Ham or Chicken Fruit and Pepper Sticks (G) (M)	Wrap/ English Muffin Pizza (made with the children) With Salad (G)	Milkshakes (made with the children) (M)
Thursday	Toast Cheese or Ham or Chicken Grapes and Carrot Sticks (G) (M)	Croissants with Ham or Cheese Pepper Sticks (G) (M)	Jelly (made with the children)
Friday	Rice Cakes Cheese or Ham or Chicken Fruit and Pepper Sticks (M)	N/A	N/A

From speaking to the children, many of them want to be involved in making their own tea and therefore we are going to develop this so that they can have the chance to prepare and cook some of their food. They will be taught basic hygiene and safe procedures throughout. Children's dietary requirements will still be catered for and alternatives (dietary requirements) are available on request.

If you now wish to book your child in for a light tea instead of snack, please do so. Light tea will be served at 4.30pm and snack will be served at 4.35pm.

If you have any questions, either catch one of us during pick-up, or send an email into the office and we'll get back to you as soon as possible.

Yours sincerely,

The ASC Team.