

2nd February 2022

Dear Parents and Carers

Safer Internet Day 2022

Safer Internet Day will be celebrated globally, on Tuesday 8th February, with the slogan: **Together for a better internet.**

The aim of Safer Internet Day is to **inspire a national conversation** about using technology responsibly, respectfully, critically and creatively.

Safer Internet Day 2022 will be celebrated in the UK with the theme: **'All fun and games? Exploring respect and relationships online.'**

During the week commencing 7th February, children will be taking part in activities and lessons based around improving their knowledge across this vital area.

Safer Internet Day 2022 is a fantastic opportunity to have a conversation with your child about life online, and especially this year's theme, 'All fun and games? Exploring respect and relationships online.' Use the questions below to help start discussions about how we can all use the internet safely, respectfully, responsibly, and positively when gaming and spending time online.

*How do you have fun using the internet and technology?

*What's your favourite game, app or website?

*How does going online make you feel?

*What can you do if you fall out with a friend online?

*Do people disagree more online or offline? Why do you think that is?

*What could you do if someone you were talking to online was unkind to you, or made you feel worried, upset, or uncomfortable?

The best way to understand how video games work in the life of your child is to spend time together playing them. Although parents are sometimes reluctant, not wanting to intrude on their child's hobby, children are generally enthusiastic when parents and carers take an interest. Along with having fun playing together, this enables you to set ground rules. Understanding why they might not want to stop immediately if they are playing online, or celebrating their progress in competitive games can inform how you agree on ground rules with them.

This four-step process may help with gaming in your household:

P - Play with your kids. Discover amazing games and understand what they play and why.

L - Learn about family controls for your console.

A - Ask what your kids think. Discuss ground rules before setting restrictions.

Y - You're in charge. Set restrictions that work for your family.

The following links offer great up-to-date advice, support and useful tips:

<https://www.childnet.com/parents-and-carers/>

<https://www.internetmatters.org/digital-family-toolkit/>

<https://www.askaboutgames.com/>

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022/advice-for-parents-and-carers>

The internet is an amazing resource which enables children to connect, communicate and be creative. I hope you enjoy sharing these resources with your child(ren).

Yours sincerely

Sarah Ashford
Deputy Headteacher

Safer Internet Day – 8th February 2022

**All fun and
games?
Exploring respect
and relationships
online**



